

## SAY SOMETHING, DO SOMETHING!

### GRAZ IS JOINING IN.

Partner violence or domestic violence occurs every day – everywhere and in all social strata.

Violence particularly affects women and children. Partner violence destroys families, relationships, health and the lives of those who have suffered violence. Many do not talk about their experiences – either out of fear, shame or insecurity. Many also believe that it is a private matter.

But intimate partner violence is not an individual problem, nor is it a private matter. Domestic violence is a social problem; it violates human rights and the right to a life free from violence.

We encourage people not to remain silent and not to tolerate violence in relationships. By presenting the possibilities for support, we encourage people to seek help or offer help. We show how a good neighborhood can offer protection against violence.

#### **StoP® is the project „Stadteile ohne Partnergewalt (Neighborhoods without Domestic Violence)”**

**StoP** intervenes when people in the community act together. That means you, me, and others we know or could get to know.

**StoP** intervenes where domestic violence occurs: at home, in the neighborhood.

**StoP** shows how people who have experienced violence and their social environment can make a difference.

**StoP** brings the issue to the attention of the urban public in a creative way.

**StoP** creates networks in the neighborhood.

**StoP** promotes non-violence and equality in marriage, partnership, family, and society.

#### **→ If you experience domestic violence, you can ...**

... if you and your children need to get to safety, take preventive measures: prepare an emergency suitcase with the most important items and take it to a trusted person, a friend or a neighbor.

... call the police at 133 or the European emergency number 112. Tell them that you and your children are in danger and that you are afraid. The police are obliged to remove the aggressor from the home in cases of domestic violence.

... talk to someone you trust – friends or neighbors can offer support.

...call a counseling center! You will find the relevant phone numbers on the next page.

#### **SAFETY PLAN** **AND EMERGENCY KIT**

→ Put important documents in a suitcase: your ID card/passport and those of your children, proof of citizenship, documents regarding legal residence

→ Birth certificates/marriage certificates/rental agreement/employment contract, etc.

→ E-cards (health cards) for you and your children

→ Bank and credit cards

→ Pack the things you need for a few days: clothes, medicines, school supplies, and toys.

## → What you can do as a neighbor?

You live in the same building or next door and are close to the situation. You can be observant, take action, and help.

### You can...

... be alert to warning signs: withdrawal from social life, inconsistencies in explanations of injuries, decisions made only in consultation with the partner, changes in behavior, etc.

... approach people who have suffered violence and thus make them visible.

Recognizing violence is the first and most important step in breaking the cycle of violence.

... offer help. Stay in touch, but don't pressure the person.

... contact one of the counseling centers listed below and ask for counseling if you suspect violence.

... give your neighbor one of our leaflets.

... in acute situations, call the police at [133](tel:133) or the European emergency number [112](tel:112).

... find out more about this topic at StoP, work with StoP, and encourage others to do the same.

## YOU HAVE THE RIGHT TO A VIOLENCE-FREE LIFE!

**If you experience violence — whether physical, sexual, psychological, or economic — the Protection Against Violence Act is on your side.**

**The police and the court can prohibit your partner from:**

→ entering the apartment.

→ approaching you, your children and your home or school.

→ staying in places where you or your children regularly spend time.

→ contacting you by phone, letter, email, or text.

## Do not hesitate to call for help!

 [0800 20 20 17](tel:0800202017)

 [0316 42 99 00](tel:0316429900)

Crisis and emergency number for women's shelters in Styria – Frauenhäuser Steiermark (24/7)

 [0800 400 777](tel:0800400777)

Crisis helpline for men – Männerinfo (24/7)

 [0316 77 41 99](tel:0316774199)

Styria Violence Protection Center

 [0316 872-3043](tel:03168723043)

On-call service Children's Welfare Office Graz

 [147](tel:147)

Austrian emergency number for children and adolescents – Rat auf Draht (24/7)



**StoP** Stadtteile ohne  
Partnergewalt

[www.stop-partnergewalt.at](http://www.stop-partnergewalt.at)

The concept of "Stop—Neighborhoods Without Domestic Violence" was developed by Dr. Sabine Stövesand from HAW Hamburg—Faculty of Economics and Social Sciences, Department of Social Work—Alexander Straße I, 20099 Hamburg.  
See: [www.stop-partnergewalt.org](http://www.stop-partnergewalt.org)



Autonome Österreichische  
**FRAUENHÄUSER**

StoP Austria is coordinated by the Association of Autonomous Austrian Women's Shelters. (AÖF)

 Bundesministerium  
Arbeit, Soziales, Gesundheit,  
Pflege und Konsumentenschutz

**G R A Z**

StoP is financed by funds from the Ministry of Social Affairs and the City of Graz.